

## Weekly Reminders - 16/05/2024

- **Year 3 - Cricket - Friday 17 May 2024 - CANCELLED** as Mr Pateman is away for the ESFA Finals.
- **Year 5 & 6 - Cricket Match - Saturday 18 May 2024 - CANCELLED** as Mr Silva is away for the ESFA Finals.
- **Year 5 - Jersey Music Service Inspire Ensemble** Year 5 enjoyed a performance from the Jersey Music Service Inspire Ensemble last week and they have given the below message:

*If your child would like to explore music further, please visit our website [www.jms.je](http://www.jms.je) - here you can find information about the various instruments that are taught at Jersey Music Service and also register for lessons, which are subsidised by the Government of Jersey.*

*We understand that sometimes it can be difficult to know whether a particular instrument is the right one for your child, we therefore have sessions available in order for children to trial a selection of instruments and find out which one would suit them best. You will be able to attend the sessions with your child to talk to our music teachers about the different instruments and ask any questions you may have. Should you wish to sign up for a trial session, please visit the lessons tab on our website. We will contact you and let you know when and where our next trial session will take place.*

*We also provide various weekly ensembles and choirs that are free for children to attend.*

*Thank you once again to all the children for the warm welcome, we look forward to visiting you all again as an ensemble in the future.*

- **All Year Groups - VCP JCP Fun Run/Walk 19 May 2024, 1.30pm** - please follow the link to register.

[Fun Run/Walk 2024](#)



- **All Year Groups - House Music** - see attached letter from Miss Lezala
- **All Year Groups - The second-hand uniform shop is OPEN 3.00 - 3.30pm on Mondays when school is open and 9.15 - 10.45am on 1st Sunday every month including holidays.** In the summer holidays we will also open on **Monday 12 August 2024 3.15 - 4.00pm.** Anyone who would like to help infrequently please WhatsApp Alex McCullough 07702 499390.

Please see below information:

- We are low on sports kit, hats, and socks and all donations are gratefully received in the bin behind the shop. Year 6 leavers please remember us!
- Redvers will have blazers in from late July.
- Felt hats are no longer part of the school uniform.
- The older rucksacks felt hats and blazers with VCP embroidered on the front are no longer being sold but can be recycled in the black Salvation Army bins. We're happy to have the buttons!
- The monies raised go towards the PTA who this term are kindly contributing to school trips, Y6 leavers event, Friday ice creams, a big shady sail for the playground and bringing nature into the tarmac sections of school with flower boxes, sorting out the pond and the bank behind Year 4 block.

And of course, recycling is good for our earth, our sense of giving of ourselves and our bank balance. Thank you all.

- **All Year Groups - Alternative Transport Week** - next week the staff and pupils of VCP will be thinking about alternative ways to travel around our island. We can't wait to see as many pupils as possible at our Walking Wednesday! We look forward to seeing the boys at Liberation Square 7.45am – 8.00am prompt. See link for more information about alternative ways to travel. [ATW -](#)
- **All Year Groups - RJA&HS Early Summer Flower Show** - 8 & 9 June 2024, see attached from the RJA.
- **All Year Groups - Kairos Arts - Play Attachment Parent Workshop** - see attached flyer for an upcoming parent workshop run by Pam Witthoft from Kairos arts about Attachment Play. The workshop runs for 2 hours on Friday 21 June from 1:30 - 3:30pm at The Bridge. It gives an insight into the theories and role of attachment in a child's emotional wellbeing, as well as exploring practical activities and techniques to foster positive communication. This workshop is open to parents of children aged 0-11 years old.
- **All Year Groups** - Next week is Mental Health Awareness Week and the theme is movement, please see below from Kooth.

**VIDEO:** [I have recorded this short \(under 4 mins!\) video about how movement impacts our mental health](#) and ways in which we can add movement into our day to show students. Please feel free to download, upload to student portals, share on social media, show young people, and send to colleagues to share!

**IMAGE FOR SCREENS:** [This is a brilliant image you can put on screens](#)

**FORM TIME Qs:** [PDF of questions you can ask around movement during form time](#)

**ACTIVITY SHEETS:** 5 activity sheets for young people designed by our team especially for Mental Health Awareness Week